

Directions for LCHS Sports Online Clearance 2019-20



The website for athletes to be cleared through is www.athleticclearance.com.

1. Watch the short tutorial video.
2. A parent/guardian will need to create an account with a valid email address and password. **Remember this password.**
3. Log in
4. Select "New Clearance" to start.
5. Complete all required fields for student information, education, medical history, and consents.
6. Once you have completed the forms on the Athletic Clearance website, you will need to print the confirmation message. You and a parent/guardian must sign this form. The form will need to be given to the coach at or prior to tryouts--without this form you may not participate in tryouts!
7. Upload the doctor signed sports physical. Only LCHS sports physical forms may be used. A copy of the physical form can be downloaded from athleticclearance.com or the school website (libertychs.org) on the Athletic page.
8. When the online clearance process has been successfully completed, an email notification will be sent to the email address provided through Athletic Clearance.

For questions contact the Athletic Director, Mrs. Dunton, at 619-668-2131 or linn.dunton@lfcinc.org

<p align="center">Fall Sports Dates</p> <p align="center">Coach/Parent/Athlete Meetings Monday, July 29th LCHS Multipurpose Room(MPR) 6:00 pm</p>	<p align="center">Winter Sports Dates</p> <p align="center">Coach/Parent/Athlete Meetings Monday, October 21 LCHS MPR 6:00 pm</p>	<p align="center">Spring Sports Dates</p> <p align="center">Coach/Parent/Athlete Meetings Monday, January 27 LCHS MPR 6:00 pm</p>
<p align="center">July 31-Clearance Deadline</p>	<p align="center">November 1-Clearance Deadline</p>	<p align="center">February 3-Clearance Deadline</p>
<p>Girls Volleyball-August 1-Tryouts Coach Bethany Gaut-bethany.gaut@lfcinc.org</p> <p>Boys/Girls Cross Country-August 5-Tryouts Coach Danny Sanchez-daniel.sanchez@lfcinc.org</p> <p>Flag Football-August 17th-Tryouts</p>	<p>Boys Basketball-November 9-Tryouts</p> <p>Girls Basketball-November 9-Tryouts Coach Dale Parker Dale.Parker@lfcinc.org</p> <p>Boys Soccer-November 9-Tryouts Coach Greg Williams-greg.williams@lfcinc.org</p> <p>Girls Soccer-Nov. 9-Tryouts Coach Aimee Hatfield-aimee.hatfield@lfcinc.org</p>	<p>Boys Volleyball-February 8-Tryouts Coach Jonathan Abbas-jonathan.abbas@lfcinc.org</p> <p>Track and Field-February 8-Tryouts Coach Danny Sanchez-daniel.sanchez@lfcinc.org</p> <p>Softball-February 15-Tryouts Coach Brianna Simoneau-brianna.simoneau@lfcinc.org</p> <p>Baseball-February 15-Tryouts Coach Tony Cenicerros-tony.ceniceros@lfcinc.org</p>



Dear Future Lions,

I want to welcome you to Liberty Charter High School Athletics. We, at Liberty, are dedicated to excellence both in the classroom and in athletics. We believe our fields and courts are the last classrooms of the day. Our greatest priority as a school is partnering with parents and coaches to help grow the character of each one of our student-athletes. While winning is our GOAL, developing men and women of excellent character who will make a positive impact at LCHS and beyond is our

PURPOSE. We help student-athletes develop critical life skills such as: respect, responsibility, and integrity. We believe these traits are foundational for the success of our student-athletes both on and off the field.

We currently field 16 teams in 9 sports. Our fall sports include girls and boys cross country, co-ed flag football, and girls volleyball. Winter sports are girls and boys soccer and basketball. Spring sports include boys volleyball, baseball, boys and girls track and field and softball. We are open to adding new sports as the demand for them arises.

Our teams have won 24 League Championships and 3 CIF Championships in girls basketball, girls volleyball and softball. Each season of sport, CIF honors the teams that compile the highest, combined unweighted grade point average in their region of the CIF San Diego Section. The purpose of the All Academic Teams is to honor students who excel not only athletically, but academically as well. This program recognize some of the very brightest students in San Diego and Imperial Counties. Liberty Charter teams have been selected as the East Region CIF All Academic Team 19 times. We are proud of our excellent student-athletes.

Complete directions on the clearance process are given on the back side of this letter. Some of the key steps to join an LCHS athletic team are as follows:

1. Obtain a sports physical from a physician that is signed and includes the office stamp. This form can be downloaded from the clearance website listed on the back of this letter.
2. Complete the online clearance process (directions on back). Please choose ONLY the first sport you plan on trying out for.
3. Athletes must complete the online clearance process by the deadlines that are listed for each season of sport on the back of this letter.
ATHLETES WILL NOT BE ALLOWED TO TRY OUT FOR A TEAM IF THEY DO NOT MEET THE DEADLINE.
4. Athletes who do not meet academic eligibility at an official grading period may try out for a team but will not be allowed to participate in games or meets until the following grading period (assuming eligibility is met at that time). Athletes must have a minimum GPA of 2.0 with no F's and satisfactory Citizenship Marks in all classes (S or I) at each grading period to maintain eligibility.

Please do not hesitate to contact me if you have any questions. I look forward to a great season of athletics at LCHS!

Linn Dunton

Athletic Director

619-668-2131

Linn.dunton@lfcsinc.org