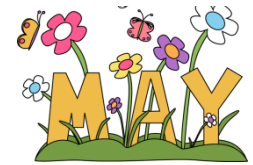


May 2019

Literacy First Charter School

Lunch



Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		A. Chicken Ranch Calzone Or B. 5 Cheese Calzone Celery Sticks w/ dip Banana/Juice/Milk	A. Crispy Chicken Sandwich Or B. Bean & Cheese Burrito Hot Corn Pinto Beans Orange/Juice/Milk	Minimum Day Sack Lunch PB & J Sandwich Carroteenies Apple/Juice/Milk
6 A. Chicken Smackers and Fries Or B. Chicken Caesar Salad Carroteenies w/ dip Mixed Fruit/Juice/Milk	7 A. Hot Dog w/ Tater Tots Or B. Taco Salad Lettuce Cup w/ dressing Apple/Juice/Milk	8 A. Pepperoni Pizza Or B. Turkey Sandwich w/ chips Carroteenies w/ Dip Broccoli Florets w/ Dip Banana/Juice/Milk	9 A. Chicken Tenders w/ Mac n Cheese Or B. Veggie Bagel Hot Corn & Cucumber Slices Orange/Juice/Milk	10 A. California Burrito Or B. Tuna Sandwich Refried Beans Carroteenies w/ dip Peaches/Juice/Milk
13 A. Mini Chicken Corn Dogs w/ Mac n Cheese Or B. Veggie Bagel Carroteenies w/ dip Mixed Fruit/Juice/Milk	14 A. Chicken Drumstick w/ fries Or B. California Veggie Burger Pinto Beans Lettuce Cup w/ Dressing Apple/Juice/Milk	15 A. Chicken Ranch Calzone Or B. Five Cheese Calzone Celery Sticks Banana/Juice/Milk	16 A. Chicken and Waffles Or B. Chicken Ranch Salad Hot Corn & Cucumber Slices Orange/Juice/Milk	17 Minimum Day Sack Lunch PB & J Sandwich Carroteenies Apple/Juice/Milk
20 A. Brunch for Lunch Or B. Chicken Caesar Salad Carroteenies w/ dip Mixed Fruit/Juice/Milk	21 A. Penne Pasta w/ Meat Sauce Or B. Taco Salad 3 Bean Salad Hot Corn Orange/Juice/Milk	22 A. Pepperoni Pizza Or B. Turkey Sandwich w/ Chips Jicama Sticks w/ Dip Carroteenies w/ Dip Apple/Juice/Milk	23 A. Cheeseburger Or B. Veggie Bagel Lettuce Cup w/ Dressing Orange/Juice/Milk	24 <div style="border: 1px solid black; padding: 5px; text-align: center;"> No School </div>
27 <div style="border: 1px solid black; padding: 10px; text-align: center;"> Memorial Day No School </div>	28 <div style="border: 1px solid black; padding: 10px; text-align: center;"> No School </div>	29 A. Chicken Ranch Calzone Or B. Five Cheese Calzone Carroteenies w/ dip Celery Sticks Banana/Juice/Milk	30 A. Nachos w/ Taco Meat Or B. Chicken Ranch Salad Corn Relish Refried Beans Orange/Juice/Milk	31 A. Chicken Caesar Salad Or B. Bean & Cheese Burrito Carroteenies w/ dip Peaches/Juice/Milk

Warning: Our school food facilities offer products with peanuts, tree nuts, soy, milk, eggs, and wheat. For students with food allergies, we offer a variety of foods which are intended to be free of these ingredients. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consumers with peanut, tree nut, soy, milk, egg, or wheat allergies. Consumers with severe allergies should consume food items with